



METRO SUBURBAN
RECOVERY • LEARNING • COMMUNITY

The National Empowerment Center and The Metro Suburban RLC present:

New Hope of Recovery from Mental Illness

Personal experiences as well as history show that recovery is possible AND probable

Wednesday, December 8, 2010, 2:00 – 5:30 pm

Arlington Public Library Community Room

700 Massachusetts Ave, Arlington, MA

2 – 3:30 pm - Rediscovering an Optimistic Vision of What Is Possible: Innovative Programs in Europe and the US that are producing good long-term outcomes - Robert Whitaker & Daniel Mackler; Moderator: Debbie Whittle

Robert Whitaker is an award-winning science journalist and the author, most recently, of *Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America* (2010).

Daniel Mackler produced the documentary, *Take These Broken Wings*, and just returned from visiting innovative programs in Europe and the U.S.

Debbie Whittle's experience and work inform a new vision of a wholeness-based mental health care. Debbie is a parent, consultant, educator, speaker, and change agent.

4 – 5:30 pm - Recovery is Possible AND Probable - Daniel Fisher & Suzanne Beachy

Suzanne Beachy's son Jake experienced psychosis at age 21. The ensuing seven years took the entire family on a roller coaster ride of despair, hope, confusion, and more despair. Jake's death in 2008 ignited in her a search for answers. What happened to Jake? Why was it so difficult to find any effective help for him? She discovered some hopeful and surprising answers which could have a significant impact on the way mental health recovery is viewed in our society.

Daniel Fisher, MD, PhD has recovered from schizophrenia. He was hospitalized multiple times prior to becoming a psychiatrist. He is one of the few psychiatrists in the country who publicly discusses his recovery from mental illness. Dan presents nationally and internationally to consumers, families, and mental health providers promoting recovery of people labeled with mental illness by incorporating the principles of empowerment.

The talks are free and open to the public. American Sign Language (ASL) interpretation will be provided. To RSVP or for more information, call or email the National Empowerment Center, 800-POWER2U (800-769-3728), info4@power2u.org or the Metro Suburban RLC, 617-472-3237, info@metrosubrlc.org.

More information and flyer available at: www.power2u.org/events.html