heartbeats of hope

At times I feel frightened
Dark, cold, and alone
My heart misses beats
leaves fall,
Death's icy breath
Chills my neck.
What is the use?
Only a cliff ahead,
Life interrupted.

But a smile
a touch,
a hug, can
Light a fire,
Blow upon
a forgotten ember
Bring warmth,

Restore the flow of my heart
Chase heartspasms of fear
With heartbeats of hope
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