

How do we know if **children and young people** who experience **depression or anxiety** are “**better**” following treatment?



Which outcomes are most important and how do we measure them?



An international group, including clinicians, researchers, and those with lived experience, have proposed a core set of outcomes and measures – including questionnaires completed by young people or their carers.



We hope healthcare providers around the world will start using these measures to help improve the quality of care.

Who are we?

ICHOM is an international non-profit organisation that brings together clinicians, researchers, and service-users to improve healthcare worldwide. Together, we are developing a standardised set of health outcome questionnaires asked of children, young people, or their carers when they seek support for anxiety or depression.

If you have experience of anxiety or depression, including obsessive-compulsive disorder or post-traumatic stress disorder, before the age of 24 OR if you are the parent or carer of a young person who has.. we would like to know what you think of this recommendation.

Please complete our survey!

10-15 minutes

Online
(Anonymous)

18+ years of age



Scan the QR code or [click here](#) to complete the survey – thank you!